

KIMBERLY M. EVANS, M.A., M.F.T.

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EDUCATION:

Bachelor of Arts, Psychology. August 1993.

San Diego State University, San Diego, CA.

Master of Arts, Clinical Psychology. December 1999.

Pepperdine University, Malibu, CA. Honors Graduate

Achievements:

Psi Chi Honors Society Member

EXPERIENCE:

Child and Youth Behavioralist, DoDEA

Naval Base Ventura County: Port Hueneme

MHN Government Services, Arlington VA

Provide non-medical counseling support, coaching, education and solution-focused consultations to Service Members and their families, children and Child and Youth Center Staff at an Active Duty Military Installation. Provide direct interventions in classroom and camp settings, model behavioral management techniques and provide feedback to staff, suggest age appropriate behavioral interventions to enhance coping and behavioral skills, provide outreach to parents, facilitate psycho-education groups, conduct trainings with staff and parents, provide referrals to additional agencies as needed. Summer program.

June 20, 2009-August 21, 2009

Military Family Life Consultant

CA Joint Family Support Assistance Program

MHN Government Services, Arlington VA

California based Military Family Life Consultant for all branches of service, all components, initially one of the first 15 states in the US to pilot this program. Was the lead therapist in introducing the program to all the branches of service and community partners. Briefed all deploying CA National Guard Soldiers on Mental Health and tips on staying in communication with their children, presented to Service Members (pre and post deployment) their families, children, teens and parents, Command leadership, schools, worked with DoDEA sponsored event, was a consultant for any individual problems or issues that may crop up for service members who needed warm transfer and referrals. Instrumental in designing the current MFLC JFSAP program for the state of California and produced a number of the powerpoints still currently in use by the JFSAP MFLC's. Numerous awards for appreciation of my abilities from a variety of different military branches. Worked closely with the Child and Youth coordinators to help design a format for children who are affected by their parents/grandparents deployments, briefed Yellow Ribbon reintegration briefs across the state.

November 2007- October 2008 (Full time) November 2008 to present (Consultant)

Embedded Therapist California National Guard

349 QM CO. Camp San Luis Obispo, CA

Embedded Therapist with the 349th QM CO at Camp San Luis Obispo. Drilled with the unit for all monthly drills, SRP's, AT's, and went to the Mobilization Station at Fort Hood, Texas. The first Embedded Therapist to be allowed at a MOB. Saw each soldier of the 349th individually for assessment. Presented to the entire unit on topics such as deployment and children, family issues with deployment, how to stay in touch with your child via deployment. Did group discussions on PTSD, Morale building exercises, drug and alcohol problems that can occur pre-deployment, during the deployment and post-deployment. Spoke at length regarding financial issues, getting dependent ID's, Accessing Military One Source, The Red Cross Emergency numbers, financial help for the Guard members and families via loans, grants etc. Also discussed investment strategies and how to obtain college credits while deployed. Am the Coordinator for the 349th FRG program, will go through the October FRG training. Put together the 349th Guide to Family Services which list all of the We Care Meetings, FAN contact information and the 6 FRG's that I recruited for the 349th. While 349th is deployed I am designing the Family Services portion of my job which will include a weekly email to all family and friends of the 349th with links to important services, information on how the unit is doing and resources for additional help. I am also handling all family related issues that are brought my way either from the soldier, Major Acevedo or by the family member. Will be the only Embedded Therapist who is going to be at the demobilization site when the unit returns home from deployment to IRAQ.

- Awarded the Meritorious Service Medal for my contribution to the success of the 349th and its pre-deployment preparations.

December 2006- present

Camp Therapist

Operation Purple Camp, Camp Whittier, CA

Camp Therapist for Operation Purple Camp. Dealt with assessment, family issues, suicide assessment, medication management, camp counselor questions, provided information about military culture, spoke with media regarding the camp and its purpose, helped children/teens from ages 8-15 with issues from separation anxiety, anger management, fear about deployment, safety concerns etc.

July 2007

Marriage and Family Therapist (M.F.T. License # 40312)

Private Practice, Ventura and Camarillo, CA

Private practitioner in own Marriage and Family Therapist Counseling practice. Provide therapy for Soldiers via individual, couple, adolescent and children sessions. Provide case management, crisis intervention and assessment, brief and long term therapy, suicide assessment, PTSD, deployment related issues, school problems.

- **Therapy:** Specializing in brief, solutions focused, Cognitive Behavioral Therapy and adolescent issues; including deployment, pre-deployment, post deployment, family violence, alcohol, PTSD, anger management, self esteem issues, parenting skills, dealing with loss, depression and anxiety. Experienced in working with police officers, military and their families.
- **Training:** Completed training at the National Center for Post Traumatic Stress Disorder.

2002- present

The Coalition to end Domestic and Sexual Violence, Oxnard, CA

Provided Individual, Couple, Family and Group Therapy. Proficient in case management, assessment, evaluation, crisis intervention, brief therapy, charting, public speaking and facilitating exchange between agencies. Ability to work well under pressure and competent in crisis management and client negotiation

- **Therapy:** Battered women's shelter therapist, provided individual therapy, crisis management, suicide assessments, treatment, CPS reporting. Helped women and teens deal with issues regarding family violence, depression, self esteem, parenting skills. Have seen women, men, children and teens in individual and family sessions
- **Group:** Teen Parenting Group facilitator, Teen Anger Management Group facilitator, Court Ordered Women's Batterers Treatment Group facilitator, Women's Domestic Violence Support Group, Self Esteem Group.
- **Training:** Crisis Intervention trainer and Certified Crisis Intervention Counselor. 2000 hours of supervised client contact. Trained as a Professional Supervised Visitation Monitor
October 1999 to October 2002 Supervisor: Dr. Gina Giglio